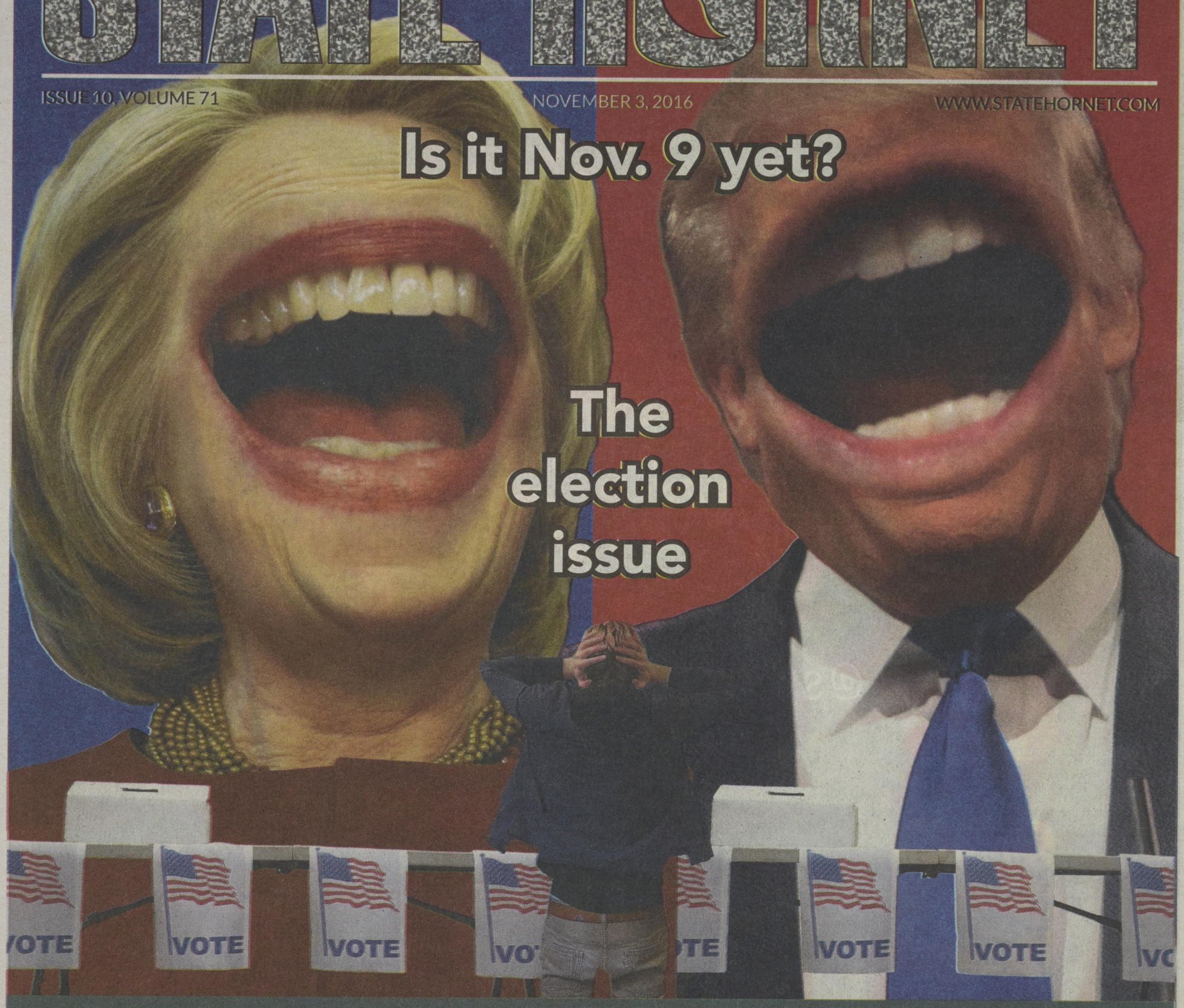
The STATE HORNET

The voice of Sacramento State since 1949.

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Is it Nov. 9 yet?

The election issue



The great debate PAGE 7

Voter quiz PAGE 14

Top 10 election moments PAGE 16


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LOOKING FOR SAC STATE SAYS? CHECK OUT NEWS ON PAGE 6

FEATURED SOCIAL MEDIA



• Christine Miller, a professor of communication studies at Sac State, was appointed as the chair of the CSU Academic Senate — the first time in 51 years a CSU professor has held the role. Go to **facebook.com/statehornet** and like our page for stories like this.



• Since this year's Halloween landed on a Monday, some Sacramento State students and staff decided to show off their costumes on campus. In the photo, Aiden McIntyre dresses up as Kermit the Frog on a unicycle, while Xay Lee dons a gold-toned Mad Hatter look. For more follow **@statehornet** on Instagram.



• On Wednesday, Oct. 26, Sacramento State College Democrats and College Republicans debated one another in the Hinde Auditorium to advocate for their party's policies less than two weeks before the general election. For live-tweeting of campus events, follow us on our Twitter, **@TheStateHornet**

NEWS IN BRIEF

- **FREE SPEECH:** In a campus-wide email, Sacramento State President Nelsen revealed an updated policy which clarifies the "time, place, and manner" restrictions placed on speech-related activities on campus. The policy states that temporary displays and structures on campus must be approved by the vice president for student affairs and the vice president for administration and business affairs. Spaces for these displays must also be reserved in advance through space management in order to avoid conflict with other campus events. Chalking is prohibited within 30 feet of the entrance to any building.

- **UNITED WE STAND:** Palestinian civil rights activist and speaker Linda Sarsour will be speaking at Sacramento State tomorrow in the Redwood Room in the University Union as part of United We Stand, an event which aims to spread a message of unity among the world's people. United We Stand is free to attend, though dinner can be purchased for $25. It runs from 8pm to 10pm.

For more on these stories, go to statehornet.com/news

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CORRECTIONS

In Volume 71, Issue 9 of The State Hornet, there are no corrections listed.

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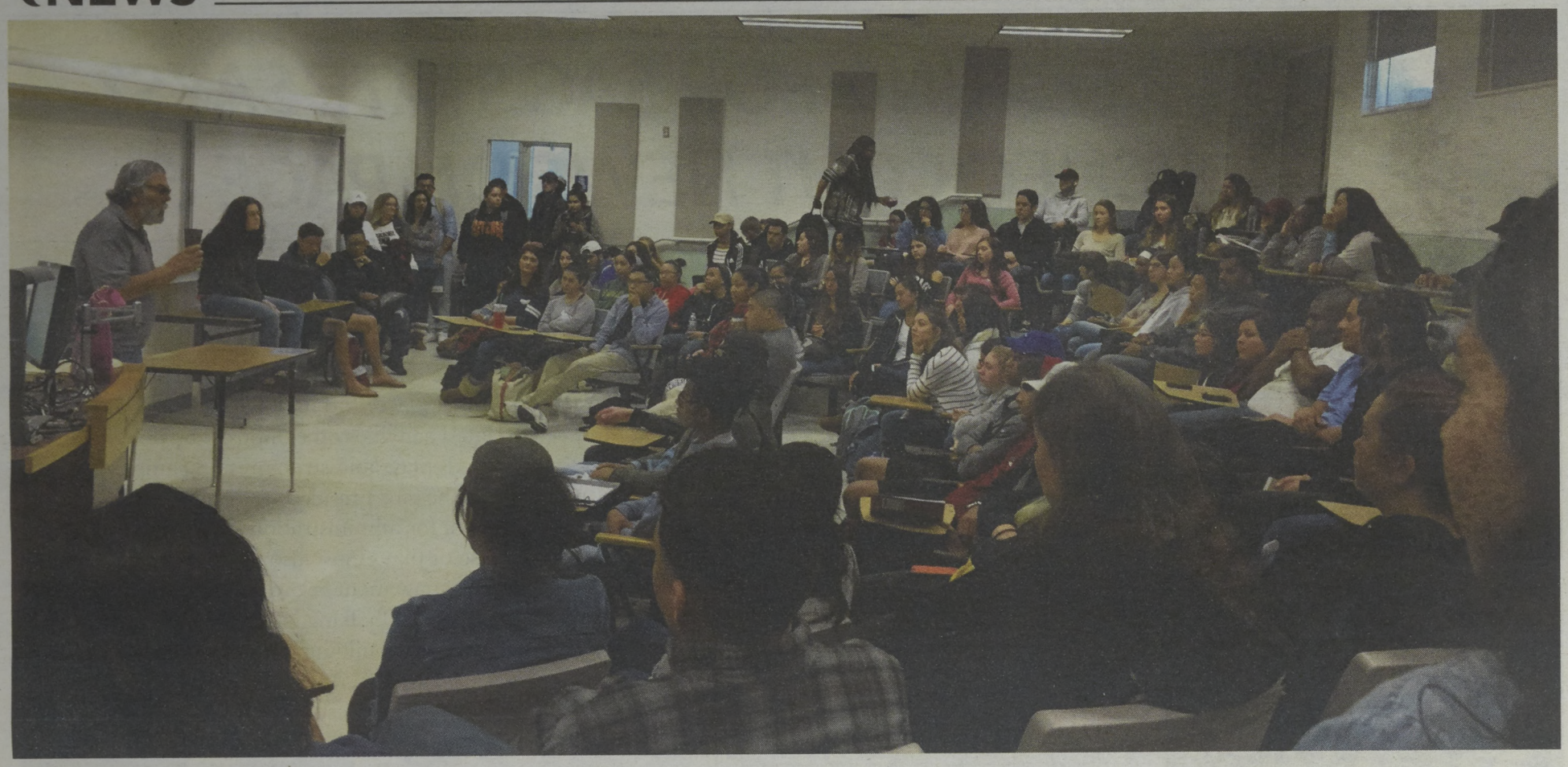


Photo courtesy of Oleg Istratiy

Professor Jimmy Martinez, left, presents his case as his colleague, professor Julie Mumma, waits atop a table for a chance to address Martinez's class on Wednesday, Oct. 26.

Professor crashes class to debate department colleague

Instructors trade barbs over role of defense attorneys

Kameron Schmid
@kameronschmid

On the morning of Oct. 26, lecture room 2002 in Solano Hall was standing room only, and even more students overflowed into the hallways to listen to criminal justice professors Julie Mumma and Jimmy Martinez confront each other.

The issue they argued? The value of defense attorneys in the justice system, the merit of opinions and facts, and how to handle disagreements between colleagues.

After comments that Martinez made during a class session were passed from students to Mumma, she posted a public debate challenge to the office door of Martinez and sent other notifications. When he didn't respond, Mumma brought her class to his.

It all started when Martinez, a criminal justice professor who spent the majority of his career in law enforcement, gave a lecture on Oct. 19 detailing different roles within the justice system.

According to Martinez and student sources who spoke on the condition of anonymity, Martinez cited a book by defense attorney and law professor Alan Dershowitz in which he claimed that the majority of his clients were guilty, even though he was able to successfully defend them.

"He says if you're defending a guilty person, you basically resort to tactics in order to win and that's his job and that's what he wants to do," Martinez reportedly said.

From there, the accounts of Martinez and the students diverge.

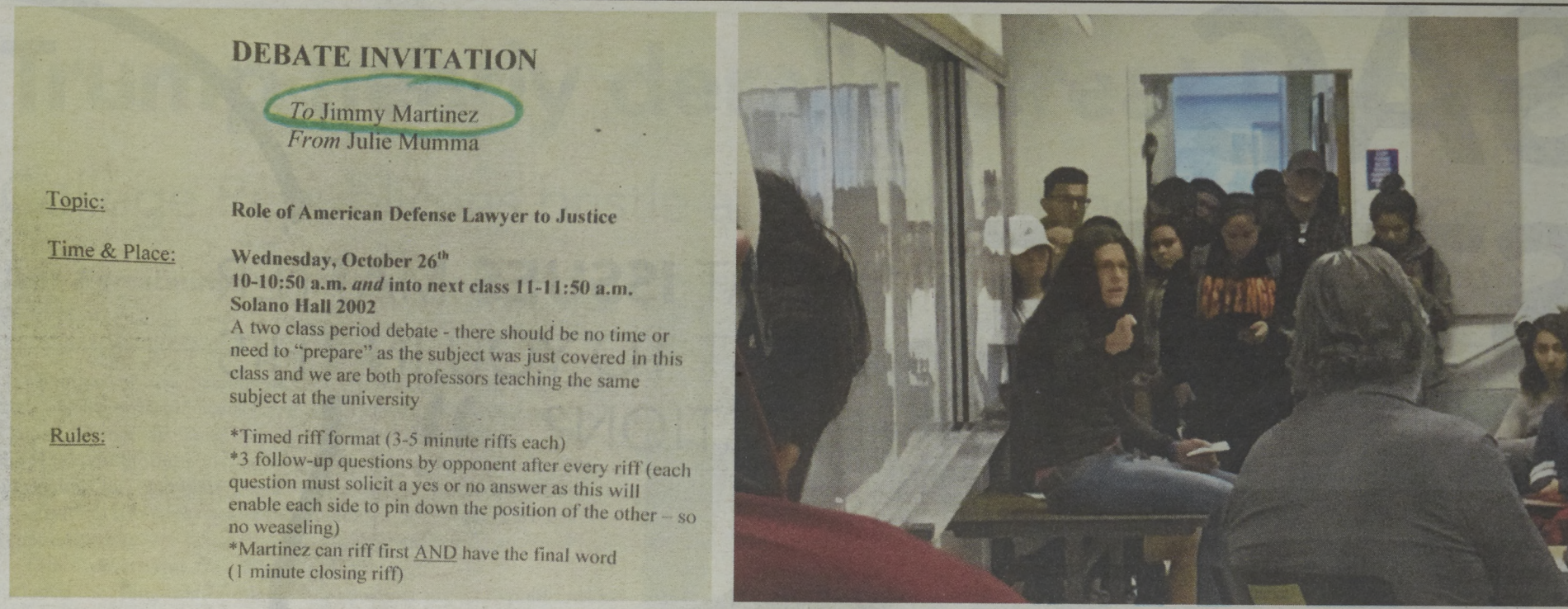
Martinez said after reading from Dershowitz's book, he simply said that he did not like that part of the justice system. The students, both separately, gave similar accounts of what he said being different.

"He said the criminal justice system has done too much for criminals," recalled the first student. "He said, 'Those people can't read and write, so you know they're not coming up with their own defense.' That was the first thing that pissed me off."

The second student, recalling the same comment, said that to her "that came across as saying people that are poor or uneducated shouldn't have a defense."

Martinez acknowledged saying that defense attorneys "make stuff up" for their clients, but did not comment on or acknowledge the comment about criminals not being able to read or write.

This lead to a disagreement within the class between some students and Martinez, at which point the anonymous students say Martinez made a passive refer-



DEBATE INVITATION

To Jimmy Martinez
From Julie Mumma

Topic: **Role of American Defense Lawyer to Justice**

Time & Place: **Wednesday, October 26th**
10-10:50 a.m. *and* into next class 11-11:50 a.m.
Solano Hall 2002
A two class period debate - there should be no time or need to "prepare" as the subject was just covered in this class and we are both professors teaching the same subject at the university

Rules:
*Timed riff format (3-5 minute riffs each)
*3 follow-up questions by opponent after every riff (each question must solicit a yes or no answer as this will enable each side to pin down the position of the other – so no weaseling)
*Martinez can riff first AND have the final word (1 minute closing riff)

KAMERON SCHMID - The State Hornet

Left, an invitation left by professor Julie Mumma on professor Jimmy Martinez's classroom door calls for a two class period debate on the "role of American defense lawyer to justice." Right, professor Mumma challenges Martinez's statements during his class on Wednesday, Oct. 26. When Martinez did not respond to Mumma's invitations, she brought her class to his.

ence to Mumma, who is a defense attorney as well as a professor.

"Then, he makes a comment of, 'So you know, unlike some of the other defense attorney professors that work here…', " the first student said.

The second student said there was little doubt in their mind who he was referring to.

"If you take both of them, you knew he was talking about Mumma."

Martinez said he did not mention Mumma, or mean to mention her.

"I don't think I've ever even mentioned her once in my class in any classes my entire career," Martinez said. "I don't have any cause to mention her."

When argued with by students over the merit of defense attorneys, Martinez "shut (them) down, cut (them) off," said one student. "He said, 'What if somebody raped your mother?'"

It was after that class that multiple students, some of whom are not included in the anonymous sources quoted, went to Mumma to tell her what Martinez had said.

According to Mumma, it was not the first time that she has heard complaints from students that Martinez is too opinionated in his lectures and does not engage students in critical thinking.

> "Students hear what they want to hear, and maybe don't pay attention 100 percent of the time, and cherry picked things out of my statements"
>
> **- Jimmy Martinez**
> *Criminal justice professor*

"It showed to me an utter disregard and contempt for our legal system," Mumma said. "This is the same thing I have heard from students repeatedly, year after year."

According to Martinez, when he arrived early for class on the next Wednesday, he found professor Mumma sitting on a desk inside, and her entire class with her. He described the process as "theatrical."

"I would've appreciated the courtesy of her coming to my office; her office is right around the hall," Martinez said. "So I took her aside and I discussed it with her. I thought that was unnecessary. She should've come and talked to me."

According to Mumma, she then explained to Martinez that she considered another one-on-one conversation pointless, as they had talked about the same topic in the past to little return.

It was then that Martinez told Mumma that while he wouldn't have an open debate with her, he would invite her to stay.

"I said I'll discuss those areas that you believe that I talked about that are offensive to you and I'll allow you to respond to that. So, I did."

During his time speaking to the class, Martinez simplified his argument from what the anonymous students reported that he said. In a video taken by a student in the class, he frequently quotes from Dershowitz's book, and emphasizes repeatedly that he was giving his opinion, which is his right.

Mumma then begins to speak, and explains that she does not find all opinions valid in a college classroom; only those that are backed up with critical thinking are valid in her eyes.

"I felt like I had to defend the students in some fashion," said Mumma afterward. "I cannot tolerate students being disrespected in this way, in a classroom where they feel like they're belittled for raising issues with a professor that wants to dominate like this and not use critical thinking."

Martinez said afterward that Mumma's argument was not actually reflective of statements that he made, and cast doubt on what was reported to Mumma by his students.

"Students hear what they want to hear, and maybe don't pay attention 100 percent of the time, and cherry picked things out of my statements," Martinez said.

He added that, as he mentioned in the video, part of the problem may stem from the imbalance of ideologies in the university.

"She sees it as a conservative versus a liberal issue, and let's be honest, the majority of this environment tends to lean one way," Martinez said. "I'm kind of the outcast in that regard."

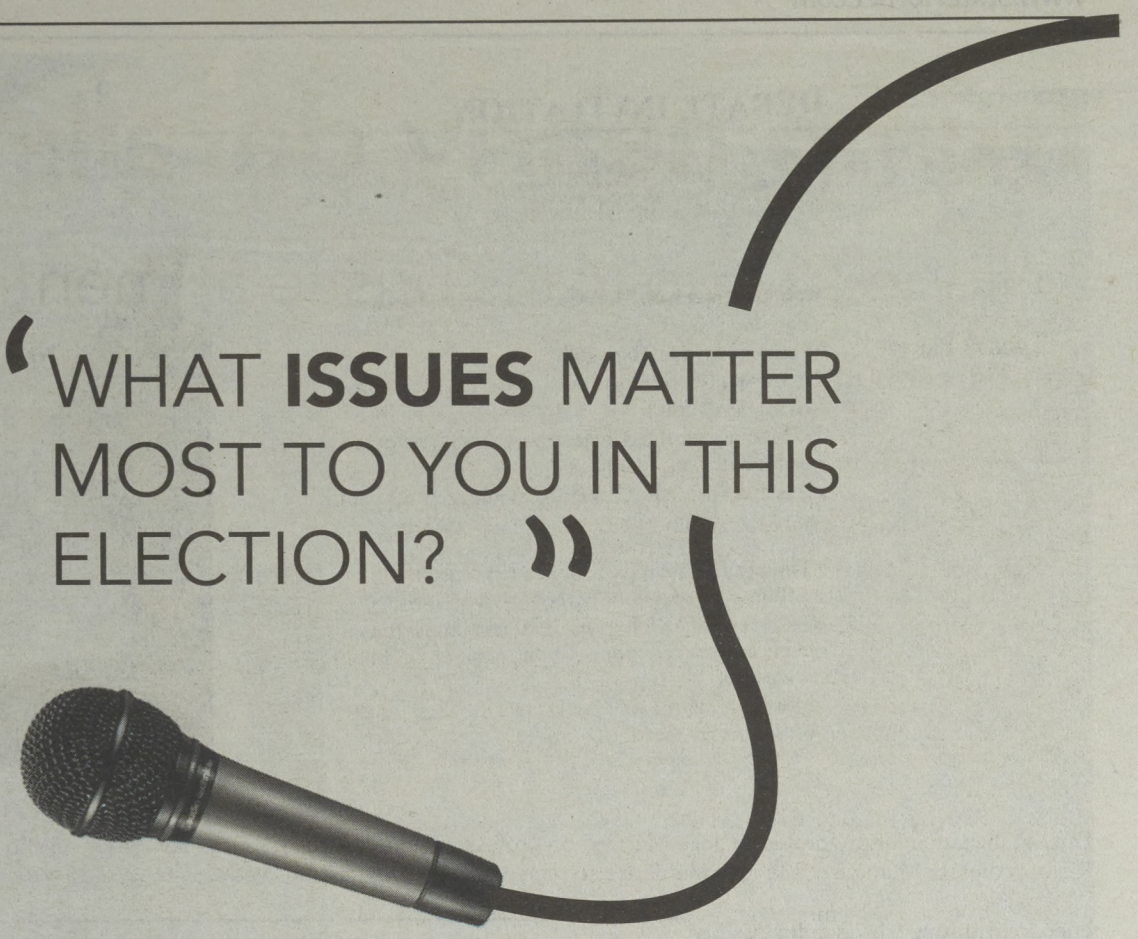
For their part, both of the anonymous students deny that Martinez's conservative views are why they found his comments upsetting.

"I like to hear different perspectives on things," one student said. "I like that he comes from the other side of the table."

Said the other, "If you are going to tout the fact that you are conservative minded and you have conservative viewpoints in a liberal university, you should be able to, in my opinion, back that with facts and have an argument for that."

Scan the QR code below to watch video of the in-class debate

SAC STATE SAYS



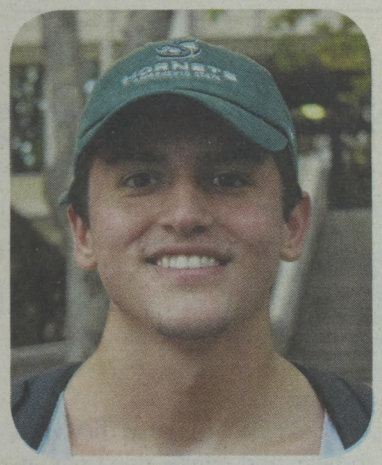
With 17 statewide propositions set to appear on the Nov. 8 ballot, there's an issue for seemingly every voter. We wanted to find out which issues matter the most to Sac State students and why. Join the conversation by posting your answer on social media by using the hashtag ***#SacStateSays.*** *It may appear online!*

#SacStateSays



"Definitely healthcare access and making sure it's affordable to people and that we don't repeal Obamacare, but also climate change because we are on the brink of environmental catastrophe and something needs to be done to stop it."

- Susie Logan
Graduate student



"National debt is the most important issue to me. We've gotta get it down, it's one of the most important things holding this country back."

- Nick Quinteros
Business



"For me its honesty: which candidate backs up what they have to say with facts. If they say something, they can be truthful about the mistakes they made and not blow it off."

- Nonye Nwaoha
Biology



"School funding. Trump wants to get rid of the Pell grant, and I have the Pell grant. Also, racial problems, I don't want to experience more racism than there already is."

- Lenae Garrett
Business



"Foreign policy. We don't have really good ties with everyone in the world. Should we get in other people's affairs or worry more about what is going on in our own country?"

- Andy Hur
Computer science

Trump nearly derails 'Great Debate'

College Republicans bristle at mention of the GOP nominee

John Ferrannini
@sjferrnews

Members of the Sacramento State College Republicans and College Democrats faced off in the Hinde Auditorium on Oct. 26, advocating for their party's policies less than two weeks before the general election.

Topics covered at the debate included the rising cost of education, voting for third parties and the new law barring Californians under the age of 21 from purchasing tobacco products.

There was broad agreement on bringing down the cost of earning a college degree, with the Democrats suggesting making federal pell grants available during the summer session.

"We're looking at the possibility of tuition raises next year and the best way to keep future costs down is advocacy at the state capitol," said Tim Sullivan, the president of the College Democrats.

Kyle Shallcross, representing the College Republicans, said that he agreed but added that schools needed to cut spending on administration and bureaucracy.

"I personally agree this is an issue that has been more or less swept under the rug," he said. "Too much money is going to overfunded, bloated bureaucracies and administrators. We need to allocate that money in a more effective way."

The conversation was less amiable when the debate focused on whether voters should consider third party options such as Libertarian nominee Gary Johnson and Green Party nominee Jill Stein, considering the unpopularity of the two major candidates for president — Democratic nominee Hillary Clinton and Republican nominee Donald Trump.

Sullivan said that he voted for Bernie Sanders in the Democratic primary and that although he considered voting third party, he said that Democrats should get behind the ticket.

"If you feel the need to consider a third party vote, you should consider that," he said. "If we were living in a swing state, I would urge you to vote Democrat. Though both choices are distasteful, they are not of an equal level of distaste."

Sullivan urged Republicans in the room to reject Trump's candidacy by voting for Johnson.

"You have a choice," Sullivan said. "You don't have to vote for a xenophobe; you don't have to vote for a misogynist; you don't have to vote for a racist. You can vote for a conservative who has actually governed."

The College Republicans took umbrage to those remarks, pointing out that the club has never endorsed Trump's candidacy and encouraging people to vote their consciences.

"You are smart, intellectual, intelligent people. If you want to vote third party, vote third party," Shallcross said. "This mud-slinging garbage they're bringing up does nothing for the United States. If anything, this breaks us on the rock of hyper-polarity that has corrupted and decimated and destroyed the political system in America."

Several of the Republicans distanced themselves from Trump's positions. Mason Daniels, the president of the College Republicans, said that Trump would not harm the NATO military alliance after the Democratic debaters brought up his statements disparaging it.

"The U.S. is never going to pull out of NATO whether Trump gets in or not," he said. "We actually agree on this issue."

Sac State student Jared Paulin, who sat in the audience wearing a hat bearing Trump's campaign slogan — 'Make America Great Again' — said that he understood the club's position.



RIN CARBIN - The State Hornet

Dean Talley, a member of the College Republicans, speaks during a debate between his club and the College Democrats in the Hinde Auditorium on Wednesday, Oct. 26, 2016.

> "You have a choice. You don't have to vote for a xenophobe; you don't have to vote for a misogynist; you don't have to vote for a racist. You can vote for a conservative who has actually governed."
>
> **- Tim Sullivan**
> *President of the College Democrats*

"I respect their right to have their own opinion. On both sides, they're the most unpopular candidates we've had," he said. "Donald Trump is the Republican nominee but not everyone will vote for him."

The two sides also sparred on whether more states should follow California in raising the legal age for buying cigarettes from 18 to 21.

"I think we can all agree that at 18 you can drive, you can vote, you can die for your country," said Dean Talley, representing the College Republicans. "Should California be the leader? I don't think California should be a leader in taking away your rights."

Karen Dominguez of the College Democrats said that the new law will save lives.

"Our youth are more vulnerable to nicotine and tobacco addiction," Dominguez said. "If we were to increase the age to 21 (nationally), we'd lower the nationwide rate of smoking by 12 percent. We'd be preserving 4.2 million years of life."

Talley said that the state should focus on educating young people on the dangers of cigarettes rather than banning them outright for people under the age of 21.

"You're saying they're 'vulnerable' so they don't have the right to make a conscious, adult decision to buy a pack of cigarettes," Talley said. "Why not make the age of buying a motorcycle 30 because everyone under 30 is an idiot?"

The event was put on with help from the Associated Students (ASI).

Margot Rinaldo, the director of social sciences and interdisciplinary studies for ASI, said that this is the second such debate that has happened on campus and that she hopes to put one on for both primary and general elections.

"The first one was last year. Since then we've thought it's something we should do every year," Rinaldo said. "It's just as important to vote in local and state elections as national."

CALSPEAKS predicts Clinton win

Survey shows Democratic nominee winning CA by 61-25 margin

Rin Carbin
@ss_horo

A survey conducted by the CALSPEAKS Opinion Research Center at Sacramento State may yield insights into the results of the upcoming California general election.

The survey of 622 likely voters asked about 14 of this year's 17 ballot propositions. All of the propositions are expected to pass, except for Proposition 62, which would repeal the death penalty.

The survey also shows Democratic presidential nominee Hillary Clinton defeating Republican nominee Donald Trump in the state by a margin of 61-25, with 4 percent voting for Libertarian nominee Gary Johnson, 3 percent voting for Green Party nominee Jill Stein and another 8 percent who are voting for others or are undecided.

Clinton defeated Trump in every demographic measured, except among registered Republicans (among whom Trump won 63-19) and Independents (among whom Trump won 34-33).

49 percent of respondents said they plan to vote in the race for U.S. Senate for California Attorney General Kamala Harris, D-San Francisco.

The poll shows opponent Representative Loretta Sanchez, D-Orange, with 24 percent support, with another 20 percent undecided and 7 percent wanting to vote for someone else.

At a panel on Oct. 20 at the California State Library downtown, two members of the team that compiled the survey — David Barker and Kim Nalder — spoke with U.C. Davis assistant instructor Matt Lesenyie about the results and integrated the survey data into their own election predictions.

Barker said that if so many of the propositions pass, Californians should expect more liberal state laws.

"The takeaway is that unlike literally any other time in California's history, virtually all of these are going to pass," Barker said. "Almost all of them are set to sail to an easy victory. By and large, we can expect to see an even more liberal California in a couple of months."

He qualified, however, that what people said in the survey may not have been entirely accurate considering the volume of propositions this year.

"Some of these poll results may flip and some of these things may go down — we don't have the experience of having 17 initiatives on the ballot," Barker said. "There are so many ballot initiatives (voters are) not really paying attention to anything, and so they hear the pollsters and it's the first time they've ever thought about it, and they're like 'Oh yeah, that sounds good.' "

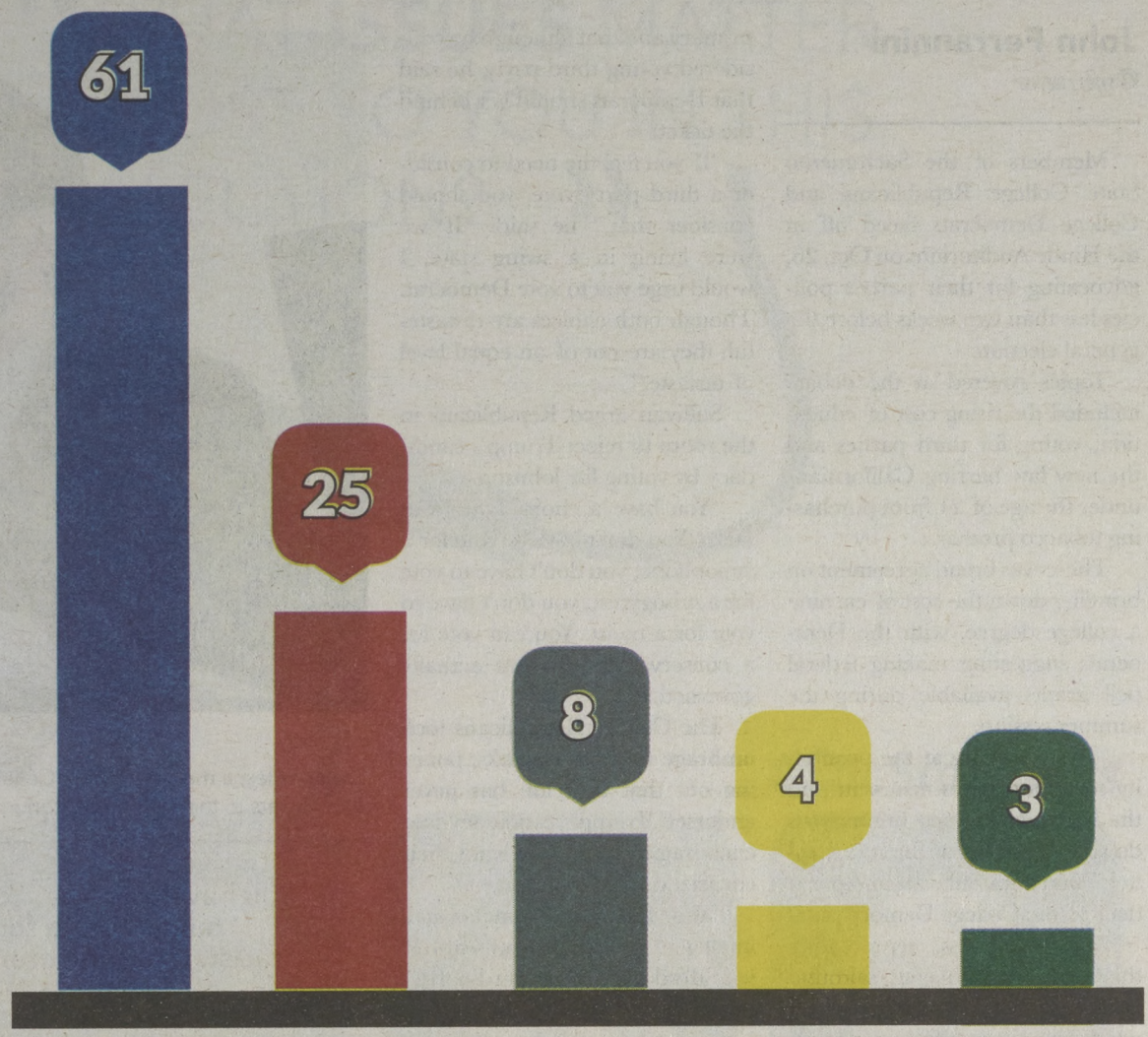
Democratic presidential nominee Hillary Clinton is predicted to be elected president, but Lesenyie added that he thinks it will be a close election and difficult presidency.

"Based on some of the information gathered this year, we're watching Clinton's likeability slide down toward the election," Lesenyie said. "I foresee the interview next summer — 'Eh, this isn't my president. I voted for her reluctantly, and already I can see it's a mistake.' "

"Regardless of what the reasons are, people hate her, and that's not likely to improve," Barker added. "I think it's not likely Clinton wins re-election."

Nalder offered a more positive vision of Clinton's potential presidency, pointing out that Clinton tended to have lower approval ratings while running for office.

"There's lots of women in politics (and) research that shows that people are uncomfortable with women showing ambition — and that's what running for office is, especially running for the presidency," Nalder said.



BARBARA HARVEY - The State Hornet

A bar graph showing the results of the CALSPEAKS survey shows Democratic presidential candidate Hillary Clinton with a commanding lead of 61 percent of likely California voters, followed by Donald Trump with 25 percent, "other/undecided/don't know" with 8 percent, Libertarian Gary Johnson with 4 percent and Green Party candidate Jill Stein with 3 percent.

While higher voter turnout of women and Latinos is expected, Barker predicts that millennials will, by and large, not show up.

"I am inclined to believe that … millennials are going to vote as they always do — which is the lowest absolute rate," Barker said. "Actually, I would expect they will be down from 2008, when a lot of millennials were really, really motivated to turn out for Obama. A lot of millennials are not excited about Clinton."

Indeed, in the November 2014 midterm elections, only 8.2 percent of Californians aged 18 to 24 cast a ballot, according to KQED News.

The panelists said that there is a 75 percent chance of Democrats taking control of the U.S. Senate or being evenly tied with the Republicans, which would allow whoever is elected vice president to act as a tiebreaker.

For the U.S. House of Representatives, the panel couldn't make a prediction because polls show the Democrats regaining control, but within the margin of error.

"So at the end of the day, we expect to see a Democratic president, a Democratic Senate and a House that's basically split," Barker said. "For those of you who want to see policy get done, there is some hope … if you're not going to have the two houses with you, the president, the one you want to not have is the House — you can just stick and peel off a few Republican votes."

Additional reporting by John Ferrannini

Lone defensive starting senior leads team by example

Will Moon
@MoonMan0305

Though his college football career ends in November, senior defensive back Nick Crouch plans to carry the lessons he has learned at Sacramento State to a new team: the U.S. Navy.

Crouch has played all four years since joining the Hornets in 2013, and is now fourth in total tackles (52) as the only senior starting on defense this season. A man of few words, Crouch leads his younger teammates by example with energized, physical play.

"He'll try to knock your teeth out," said Jody Sears, Sac State head coach. "He's one of (the) hardest working guys on our football team — going hard all the time to where sometimes you go, 'whoa, just slow down a little bit there so we can get the right fit and the right look.'"

After playing in all 12 games his freshman season in 2013 and starting every game in 2014, Crouch battled injuries throughout 2015 and missed three games. During his time off the field, Crouch opened up to his teammates for the first time.

"I knew I couldn't stay quiet and just stand on the sidelines, so I had to keep helping everybody (and) keep hyping everybody up before games," Crouch said.

The Hornets have had no shortage of frustration with a current 1-8 record following a 2-9 finish in 2015, but Crouch has remained supportive of the team's young defenders who hope to reverse the team's fortunes in 2017. Two of Sac State's leading tacklers this season are defensive back Manny Scott-Anderson and linebacker Manoah Pearson, both sophomores.

"I'm just trying to talk to all the younger guys as much as I can," Crouch said. "Whenever I see them get frustrated after a play I'm just trying to talk to them, tell them to not get too down on (themselves) — try to help them fix it and just let them know they've got a lot of time left to play (and) to get a lot better."

Junior linebacker Tyler Meteer, also among the team's leading tacklers, says while the defense's chemistry has been strong this year, the team has struggled finding rhythm on the field.

"Sometimes what we've gotten in trouble with this season is a guy here or there not doing his job, and that's what's hurt us," Meteer said. "When we're all playing together with good teamwork and that good chemistry — that's when we're really successful."

Though graduating in May 2017 with a criminal justice degree, Crouch will continue a family legacy by joining the Navy, where he plans to become an officer and possibly go into flight school. Crouch's father, brother and grandparents have also served in the military.

In addition to his rigorous work ethic, Crouch says Sears and the rest of the Sac State coaching staff have instilled in him values of loyalty and selflessness that will follow him to the military and beyond.

"I've learned so much from (my coaches) and I really base what I want to be like as a person and as a father and even as an employee (on them)," Crouch said.

After falling 59-47 to Cal Poly on Saturday, Sac State has two more chances to add to its one victory thus far this season, with the final game against rival UC Davis at Aggie Stadium. The last time the Hornets visited Davis, Crouch had an interception and Sac State won the Causeway Classic — a feat he would love to replicate on Nov. 19.

"I know we've had our ups and downs this season, but to go out with a win (would) mean everything to me honestly," Crouch said.



FRANCISCO MEDINA - The State Hornet

Defensive back Nick Crouch rips through a Cal Poly offensive player's block at Hornet Stadium on Saturday. Crouch had five total tackles in the Hornets' 59-47 loss.

Sac State prepares for 2016-17 tipoff

By Angel Guerrero — @AngelGuerrerooo

Sacramento State's men's basketball program is 44-14 in the past four seasons at home.

Sacramento State men's basketball enters the 2016-17 campaign as the projected eighth place team in the 12-squad Big Sky Conference by the preseason media poll, and ninth according to coaches.

However, predictions are difficult to pinpoint, which is why the Hornets — who finished 14-17 on the season after a 70-53 loss to Montana in the quarterfinals of the Big Sky Tournament — will be better judged after its first two games of the season on the road against Powe do (Pac-12 Conference) o (Big Ten Conference) on

When asked about the the season, ninth year Sa head coach Brian Katz jo "easy layup" at the Big Sk on Oct. 21.

"My thing is lets play "We've kind of done tha



MARCUS GRAVES
12.2 POINTS PER GAME
31 STARTS FOR THE HORNETS

ERIC STUTEVILLE
8.0 POINTS PER GAME
4.7 REBOUNDS
1.9 BLOCKS





NICK HORNSBY
7.8 POINTS PER GAME
6.9 REBOUNDS



MATTHEW DYER - The State Hornet

ıst Power Five opponents Colora-
erence) on Nov. 11 and Nebraska
ence) on Nov. 13.

about the tough road trip to start
ı year Sac State men's basketball
ı Katz jokingly referred to it as an
ıe Big Sky Conference Media Day

lets play them early," Katz said.
done that traditionally, you know, two years ago we went to Gonzaga and we got beat (104-58) pretty good, but we learned a lot about ourselves (and) it's kind of like a Big Sky road trip really — it's a tough travel."

This "tough travel" includes seven road games, one neutral contest and only three games at the Hornets Nest from Nov. 11 to Dec. 21. If there's been one major weakness for the men's basketball team, it's been the Hornets' win-loss record on the road which is 17-43 in the past four seasons.

Sac State hopes to combat this with help from a lineup that returns 10 players including four starters from last year — led by junior forward Justin Strings who posted a team-high 15.5 points per game and finished the season as an honorable mention all-Big Sky Conference selection.

"I think playing in a big venue just prepares you for playing at the bigger arenas that we have in the Big Sky," Strings said. "Weber (State) has a really big arena, Montana is really loud, similar with Montana State (and) as we progress and move forward into the Big Sky we're going to have some tough road trips and some tough travel schedules so getting it out early now will definitely help us out."

The core four that return to the Sac State starting lineup will also consist of junior guard Marcus Graves, who averaged 12.2 points a game and was the only Hornet to start in all 31 games last season; senior co-captain and forward Nick Hornsby, who put up 7.8 points per game and a team-leading 6.9 rebounds per game; and senior co-captain and center Eric Stuteville, who averaged 8.0 points, 4.7 rebounds and a team-leading 1.9 blocks per game.

Even with a lineup of this stature, expect to see contributions from sophomore guard Jeff Wu, who is the first NCAA Division-I athlete from Taiwan to receive an athletic scholarship, and the incoming true-freshmen group of Chibueze Jacobs (guard), George Dancer (guard), Matt Battaglia (guard) and Izayah Mauriohooho-Le'afa (guard).

"Everyone on our team this year can help us, especially the freshmen," Stuteville said. "Izayah is really good at running the point, Matt is a great shooter, C.J. is a great hustler and rebounder — does things he's told to do. I think they're working themselves into the system pretty well."

Sac State, which is a team composed of over 70 percent California natives, will not only have the opportunity to improve upon last season's 6-12 conference record, but will also be one the first college teams to play in the Sacramento Kings' brand-new Golden 1 Center arena against UC Davis on Nov. 21.

"We'll have them at that venue on the same date four years in a row — hope it really develops into a tradition, a rivalry," Katz said. "I think the players are certainly excited … I would be surprised if there weren't 10,000 (people) there at least, which for any college basketball team, that's a great thing."

If Katz is correct, a crowd of this magnitude would be nearly 10 times bigger than any attendance figure the team has ever seen due to the Sac State facility only being able to hold a little over 1,000 people. But you won't hear Sac State complaining about its homecourt as the program is 44-14 in the past four seasons at the Hornets Nest.

But prior to the Golden 1 Center and the nine home games coming to town after Dec. 29, Sac State must first handle business on the road at Colorado and Nebraska.

"I think anytime you play up, you clearly figure out what you're good at and you clearly figure out what you're not good at (and) your flaws are exposed even more, so that's a good thing — you can attack them early," Katz said. "We kind of think we know what they are, but they'll be exposed in those two games that's for sure."

However, before the start of the regular season on Nov. 11, Sac State will tip off its only exhibition game of the year at home against Pacific Union today at 7:05 p.m. at the Hornets Nest.



Trio of seniors elevate men's soccer to program history

Noah Alvarez
@SuperNoVa57

The Sacramento State men's soccer team is headed by three top leading scorers who all have one thing in common — seniority — but their journeys could not be more different.

Senior forwards Alex Bettencourt, Nate Nugen and midfielder Ivan Ramirez have had huge impacts on the team this season and helped Sac State (8-8-2, 4-5-1 Big West) earn the opportunity to host a Big West Tournament game on Saturday for the first time in program history.

Bettencourt, a transfer student majoring in communications, led the team in goals (6) and points (15) at the end of the regular season on Oct. 29. Bettencourt had hopes of following in both his older brother's and cousin's footsteps, and despite not being accepted into Sac State out of high school, he did not give up on this dream.

"After not getting in, I just decided to go to Modesto Junior College, do my two years there, and try to transfer afterwards," Bettencourt said. "Both my older brother Chris and cousin Adam played here before and after watching them, I knew I wanted to play soccer here."

Both Chris and Adam Bettencourt last played for Sac State in 2011, the same year Alex Bettencourt played his last season at Hilmar High School in Hilmar.

Nugen, the second leading goal scorer (5) for Sac State and leader in shots on goal (15), started and will end his collegiate career at Sac State but transferred to Azusa Pacific University for his sophomore and junior years before returning to Sacramento.

"I was really immature at 18 years old coming out of high school," Nugen said about his decision to transfer. "Freshman year was a lot for me and playing soccer, too, just burnt me out."

> "They've led the team off the field as well and have been good role models."
>
> **- Michael Linenberger**
> *Sacramento State men's soccer coach*

Nugen, majoring in kinesiology, transferred to Azusa Pacific without the intent to play soccer there. Nugen later learned of a scholarship opportunity which enticed him into picking up the sport again.

"It was a lot more casual soccer down there because it's Division II," Nugen said. "Playing there two years made me realize I still had a fiery passion for soccer and I looked for a second transfer to come back here."

Nugen was later approved to transfer back to Sac State and sat out the 2015 season as a redshirt.

"Looking back, I wouldn't change a thing because it made me who I am today," Nugen said. "I did a lot of growing up and learning down in Azusa Pacific."

Ramirez, the third leading scorer (4) and second leader in assists (5) for the Hornets, is a fourth-year senior from San Jose majoring in communications. Ramirez had the more traditional journey by playing at Sac State all four years, but he has seen the team grow immensely since he first started.

"We started off slow my freshman year because we were a really young team with 10 newcomers that class," Ramirez said. "But as you get older and you play with the same guys over four years and learn from the same coaches, it builds chemistry."

The additions of transfers Nugen and Bettencourt "only added to the chemistry," Ramirez said.

Ramirez attended San Jose's Santa Teresa High School and was scouted by a handful of other schools. Ultimately, Ramirez's decision to become a Hornet came down to the chance to live independently while only being a couple hours away from home.

Sac State men's soccer head coach Michael Linenberger realizes what kind of impact these three seniors have had for the program and knows they will be missed.

"You look at Ivan, you look at Nate, you look at Alex Bettencourt, they were more than our three leading goal scorers," Linenberger said. "They've led the team off the field as well and have been good role models."

All three players have aspirations of playing soccer professionally, but before looking too far ahead, the trio must come together on a final run to succeed in the Big West Tournament.

"We are trying to win the Big West, who knows how many games we have left," Ramirez said. "I am just trying to stay in the moment."

Despite their dissimilar journeys to and with the program, all three players can agree that the relationships they have built with each other are special.

"Your teammates are your brothers," Ramirez said. "They are who you see everyday and they become family."

"This brotherhood is something that you can't find anywhere else," Nugen added. "It's a one of a kind thing, and I'm eternally grateful for it."

Sac State and its 10 seniors, including Bettencourt, Nugen, and Ramirez, will be put to the test against UC Riverside in the Big West Tournament's first round Saturday at 3 p.m. at Hornet Field.



MATTHEW DYER - The State Hornet
Sacramento State senior forward Alex Bettencourt dribbles the ball past a San Jose State defender at Hornet Field on Sept. 18.



MATTHEW DYER - The State Hornet
Senior forward Nate Nugen battles University of California Santa Barbara's Lamar Batista for the ball at Hornet Field on Oct. 26.



MATTHEW DYER - The State Hornet
Hornet senior midfielder Ivan Ramirez dribbles the ball past a Portland defender at Hornet Field on Sept. 15.



Photo Courtesy of **JESS WHISNEY**

Sacramento State alumnae and former rowers Lauré Kwoka and Elizabet Danielson have been selected to represent the United States in the Australian Football League International Cup next year in August.

Hornet alumnae are newest adds to U.S. footy team



Photo Courtesy of **JESS WHISNEY**

Sacramento State alumna Rosemary Kloh was announced as a first time national player for the United States footy team in 2017.

Stephanie Beachley
@stephlaurbeach

Three Sacramento State alumnae have been selected to represent the United States in the Australian Football League International Cup in August 2017.

Aft· r the USAFL Nationals on Oct. 17, women's rowing alumnae Rosemary Kloh and Elizabeth Danielson were announced as first-time national players. Women's rugby alumna Lauré Kwoka was named for the third time.

Kwoka was recruited to the sport back in 2012 after being approached in a bar.

"This guy literally came up and said 'hey, I saw your rugby shirt. You should come play footy,'" Kwoka said. "So I did, and, here I am."

Meanwhile, former varsity rowers Kloh and Danielson had taken up rugby with the Sacramento Amazons after graduating from Sac State. The two were then later recruited by a mutual friend to the Sacramento Suns footy team in 2015.

"It is a dream of mine to be able to make it to a USA team," Kloh said. "I took every opportunity to get here. This to me shows how many awesome experiences and opportunities you can have when you believe you can do it."

Australian Rules Football, or footy, is a traditional sport that originated in Melbourne, Australia, during the late 1850s. The sport has since spread to multiple countries around the world who have been competing in the AFL International Cup since 2002.

While it might be difficult to distinguish from rugby, another sport of Australian origin, footy is entirely unique in and of itself.

"It involves all the fun parts of rugby mixed with the fun parts of soccer," Danielson said. "Rugby is very one-direction. You're always moving forward and you really can't look back. In footy, it's multi-directional and you can move the ball anywhere you need to."

One of the most unique factors of the sport is that instead of passing the ball laterally, or throwing it forward, players must either punch the ball or kick it.

"I love the freedom of the sport," Kwoka said. "There's no offsides, so you're constantly moving and you never know where the ball is going next."

All three players have been training and going through an intense tryout process that began in May.

Countless hours of training are logged by each potential candidate during their tryout period, and sent to the national coaches. Food journals are also submitted and training camps held at least once a month — usually in the Midwest — are required participation.

"It's a lot of training going to practices and treating each one of them as if it were a tryout," Kloh said. "Every time I touched a ball I was working hard. I practiced outside of practice. And I had a little advantage, being used to pushing myself from rowing."

Danielson explained that one of the most exciting things about being selected was her chance to see the sport in its country of origin.

"Part of the experience is going to be travel, but also seeing things from an insider's perspective," Danielson said. "This is an opportunity to go to another country, and see a sport in its natural culture. (It's) like going to Argentina and watching a soccer game."

Among the 16 teams that typically attend the International Cup, the U.S. has not won a medal since 2005. However, all three athletes are not only excited to represent their country, but to represent their alma mater as well.

Festival of New American Music features diverse performers, lectures



Photo courtesy of **ANNA ABLOGINA**

Manhattan-based Cassatt String Quartet will perform at FeNAM in Capistrano Hall on Tuesday, Nov. 8.

Claire Morgan
@jemapelleclaire

Sacramento State will host the 39th annual Festival of New American Music from Nov. 4 to 13 with each day consisting of free concerts, workshops and discussions throughout the campus.

The festival will officially kick off its jam-packed schedule on Friday, Nov. 4 with a Gala Concert in Capistrano Hall featuring performers such as percussion group Sandbox Percussion, Bay Area-based septet Earplay and bassoonist Paul Harper.

The following eight days will include performances from the university's Symphonic Wind Ensemble on Nov. 6, New Music Ensemble on Nov. 8, Manhattan-based Cassatt String Quartet on Nov. 9 and many more.

A number of composers like Jonny Allen, Ken Ueno and Vivian Fung will give pre-concert talks during the festival. Pianist Sarah Cahill will deliver the keynote address on Nov. 7, and perform in a peace and war inspired concert on Nov. 13.

FeNAM's artistic director Steven Bloomberg said that Cahill embodies what it means to be a new American music performer and added that many composers around the nation seek to collaborate with the pianist.

"A lot of well-known composers have written pieces specifically for her or have had music by them performed by her," Bloomberg said. "She's a very important figure in the whole contemporary music scene."

Another notable name in the lineup is Sandbox Percussion, a leading national contemporary percussion chamber music group making their debut at FeNAM this year. Victor Caccese, a member of the ensemble, said that the festival will be a grand opportunity to play a type of unique music that he is so passionate about.

"Percussion chamber music is a fairly new kind of music making," Caccese said. "The work we do now commissioning and composing is so important for developing our repertoire. We often feel we're taking on the prominence of ensembles like string quartets and pianos trios. Having the opportunity to do that at FeNAM is an honor."

Paul Towber, a junior music major, said that attendees will see a level of complexity of the music performed during FeNAM, as well as how exciting it is to have a festival of this caliber being hosted here at Sac State.

"There's a bit of leeway with what people mean when they say 'new music,' but some things that are pretty universal are the composers' intentions toward creating music that has a less common sound to it than what you'd typically hear on the radio (or in) popular media," Towber said.

Despite the numerous prominent artists from the country over gathered in one place, Towber said that performances from campus music faculty are always his favorites to watch. For him, it is amusing and entertaining to hear the mind of his professors displayed in front of an audience at an event like FeNAM.

"The trick to listening to new music is having an open mind and letting the sound take you on a journey that maybe your ears have never been on before," Towber said. "It can be a very interesting experience and, as a composer, can inspire your future works to expand beyond the common musical vocabulary."



Are YOU an informed voter?

1. Who is running for U.S. Senate in California?

- Dianne Feinstein & Barbara Boxer
- Loretta Sanchez & Kamala Harris
- Dianne Feinstein & Kamala Harris
- Loretta Sanchez & Barbara Boxer

2. Who on campus is running for State Assembly?

- Ryan Brown
- Patrick Dorsey
- **Robert Nelsen**
- McKayla Maroney

3. How many proposition will be on the November 8 ballot in California?

- 14
- 15
- 16
- 17

4. What is Proposition 60?

- Repeals death penalty
- Healthcare cost
- Banning Donald Trump from entering California
- Actors must wear condoms in pornographic films

5. What is the proposition, if passed, will legalize recreational marijuana?

- Proposition 64
- Proposition 420
- Proposition 62
- Proposition 70

6. What is Proposition 63?

- Background checks for ammunition purchases
- Plastic bags regulations
- Bilingual education requirement in public schools
- Increasing cigarette tax

7. Scott Jones is running against Ami Bera for Congressional District 7. What is Jones' current position?

- Incumbent Congressman
- Sacramento County Sheriff
- State Assemblyman
- County Controller

8. Who is Hillary Clinton's running mate?

- Mike Pence
- Jill Stein
- Elizabeth Warren
- Tim Kaine

9. Who is Donald Trump's running mate?

- Jill Stein
- Mike Pence
- Gary Johnson
- Megan Kelly

10. How many electoral vote does California have?

- 50
- 55
- 60
- 65

Answers: 1.b 2.a 3.d 4.d 5.c 6.a 7.b 8.d 9.b 10.b

For some people, is it still BERNIE OR BUST?

Eva Hoch
@evamairesh

With recent developments involving Democratic presidential candidate Hillary Clinton's leaked emails and Republican candidate Donald Trump's Access Hollywood video, many Americans, especially young voters, have begun to wonder whether a write-in vote for Vermont Senator Bernie Sanders is still worth it?

After Sanders lost the Democratic Party's nomination to Clinton in June, his backers decided to name themselves "Bernie or Bust" to show unconditional support for the senator despite his loss.

Another way that Sanders' supporters are choosing to show their solidarity is to not vote at all on Nov. 8 —an action that Sanders has publicly condemned. Instead, Sanders has continued to call for party unity to prevent Trump from taking control of the Oval Office.

Former Sanders supporter Osvaldo Jaramillo, a junior communication studies major, said that he'll be one of the many who will not vote for either of the two major parties' candidates.

"I support (the Bernie or Bust people) 100 percent." Jaramillo said. "I chose not to participate in this year's election because I am against Trump and against Hillary (Clinton). Trump is a racist, rich bigot, (while) Hillary is a liar and cannot be trusted. She changed her position on many things throughout the years, including gay rights."

Jaramillo also said that what drew him to Sanders since the beginning was how progressive and upstanding the Vermont senator has always been —two factors that Jaramillo can't see in the other candidates.

"(Sanders) was arrested for protesting for civil rights in the '60s," Jaramillo said. "He has been fighting for the same significant rights for over 50 years. He does not flip flop on his political views like Clinton and Trump. Bernie is the solution for this country."

Cynthia West, a senior computer science major, said she doesn't consider herself part of the Bernie or Bust movement and thought that the name was charming during the primary, but is now just getting old.

"Bernie was the first candidate I've ever felt genuinely passionate about," West said. "I went to his Sacramento rally, participated in local campaigning meetings and even donated. After he lost the (Democratic) nomination to Hillary, I was pretty upset —especially after hearing about all the uncounted ballots and other voting scandals."

West said she will not write in Sanders' name on the ballot because Clinton, despite all her flaws, is still seemingly qualified to be the commander-in-chief.

"I understand the disappointment and anger a lot of the Bernie or Bust people are feeling - believe me, I've been there, but it's time for the tizzy fit to end," West said. "I'm voting for Hillary because I'm not ready for the beginning of the fourth Reich. Trump is a monster and Hillary has her faults but what political figure doesn't?"

For recent alum Marcus Wolf, he said people should focus more on defeating Trump come Nov. 8.

"Bernie or Bust is stupid when Bernie (already said he) supports Hillary," Wolf said. "She needs the votes because if Donald Trump wins, it could be a calamity for the country —precipice of destruction kind of stuff. (Also,) it's more important people remain diligent in holding Hillary accountable for the promises she has made. She needs to be the people's president and not for the special interests."

Sophomore government major Margot Rinaldo said that instead of not participating in the election and write in a different name, she hopes people would reconsider their decision and cast their ballot for at least a legitimate candidate.

"I can completely understand the sentiments behind those who are very in favor of (Sanders), however, when it comes to politics I really think the name of the game is compromise," Rinaldo said. "Considering we are in an election year where the stakes are high, I think it is even more detrimental to base a political movement on the unwillingness to compromise."

Rinaldo said she encourages voters to think about which candidate most aligns with their values before heading to the polling station.

"For me, practicality and competency in the political system are something I value in a candidate," Rinaldo said. "For that reason, I would not vote for a third party candidate in this election, because it would not be as significant to me, when (for obvious reasons) a third party candidate will not win this election."



Photo by GAGE SKIDMORE / Flickr

TOP 10 Memorable moments from 20 months of election 2016

Marissa Murcko
@mmurcko07



1. Donald Trump announced his candidacy for President of the United States.

On June 16, 2015, Donald Trump launched his presidential bid with a press conference held at his Trump Tower in New York City. In his speech, the businessman spoke about several issues such as terrorism and repealing ObamaCare. There, he also said that he will build a wall on our southern border and have Mexico pay for it. His most talked-about and controversial line was "(Mexico's) bringing drugs. They're bringing crime. They're rapists, and some, I assume, are good people."



2. Bernie Sanders' Political Revolution

The self-proclaimed Democratic Socialist senator from Vermont's candidacy started out small and quiet but along the way, his call for a "political revolution" attracted hundreds of thousands of young people who supported his fights for free tuition at public colleges, breaking up big banks and launching universal health care. Sanders lost the party's nomination to Hillary Clinton in July 2016.



3. Donald Trump vs. Megyn Kelly

The feud began on Aug. 6, 2015, at the first Republican presidential debate when Kelly asked Trump about his comments on comparing women to "fat pigs, dogs, slobs and disgusting animals." The next day, Trump criticized Kelly's moderating performance in a CNN interview and said that "there was blood coming out of her eyes, blood coming out of her whatever." Tensions between both sides still exist today.



4. Donald Trump vs. District Court Judge Gonzalo Curiel

In early June, Trump said in an interview that U.S. District Judge Gonzalo Curiel had a conflict to fairly preside over a civil fraud lawsuit against Trump University just because Curiel is of Mexican heritage and a member of a Latino lawyers' association. Furthermore, Trump said that since his campaign has taken a strong stance against illegal immigration, Judge Curiel's personal background can be an "inherent conflict of interest."



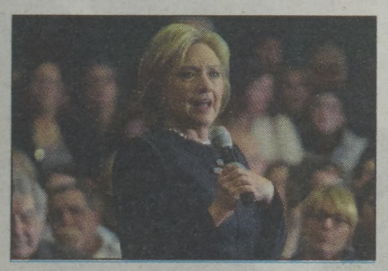
5. Trump vs. Khan family

On the final night of the Democratic National Convention in July, Khizr and Ghazala Khan —parents of a fallen soldier— gave a speech condemning Trump's call for temporary ban on Muslims and said that the presidential hopeful has "sacrificed nothing, and no one." Khizr Khan also offered his copy of a pocket-sized U.S. Constitution to Trump. The following days, Trump fought back by saying that he, of course, has made sacrifices and even implied that Ghazala Khan was not allowed to speak on the convention stage next to her husband because of their religion.



6. Melania Trump's plagiarism?

Hours after Melania Trump has already spoken about her husband's bid for president on the Republican National Convention stage, the country began to notice similar passages between her speech and the one that Michelle Obama gave at the 2008 DNC. More than a day later, the Trump campaign said that some passages were in fact taken from Obama's speech and claimed that the entire incident was an innocent mistake. Writer for Trump Organization Meredith McIver was later identified as author of Melania Trump's speech and in a statement to the press, McIver said she offered her resignation to the campaign but the Trump family did not accept it.



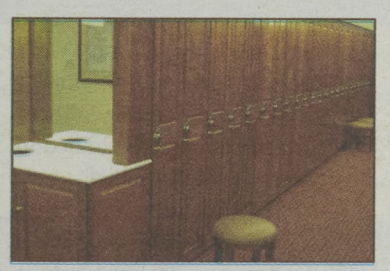
7. Hillary Clinton's pneumonia

While walking out of a 9/11 memorial service in New York City, Clinton was seen stumbling on the sidewalk as aides helped her into a car. Several hours later, the Clinton campaign put out a statement saying that the presidential candidate was actually diagnosed with pneumonia and put on antibiotics since Sept. 9. This specific detail added fuel to Trump's previous claims that Clinton is not healthy enough to run for office, while the media was reportedly furious with the campaign's handling of the incident.



8. The New York Times released a copy of Trump's tax return from 1995.

Ever since he announced his candidacy, Trump has refused to release his tax returns records claiming that they're still being audited by the IRS. On Oct. 1, the New York Times obtained a copy of the candidate's 1995 income tax returns from an anonymous source. In the document, it says that Trump declared $916 million loss, which means that he could've avoided paying income tax for up to 18 years. During the second presidential debate on Oct. 9, Trump explicitly acknowledged that he did avoid taxes for years.



9. Trump, groping and "locker room talk"

On Oct. 7, the Washington Post released a video from 2005 showing Trump on the Access Hollywood bus saying that he can grab women's private parts because of his status. The following night, the Trump campaign issued a short video showing its candidate apologizing for his statements in the 2005 footage and downplaying his remarks as "locker room talk." Afterward, several conservative officials came forward to condemn and withdraw their endorsement of the candidate. On that bus with Trump was also Billy Bush, who, on Oct. 17, was sacked by NBC for being involved with the incident.

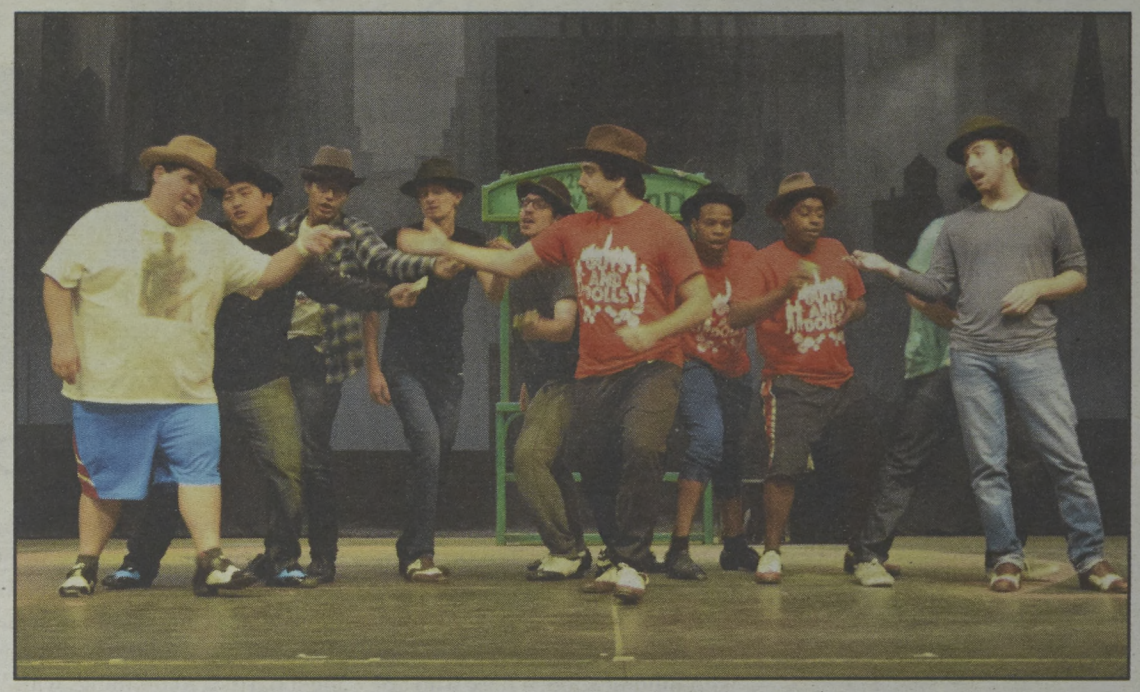


10. The Accusers

Following the release of the 2005 footage, a chorus of women who are accusing Trump of sexual harassment began to emerge. Some said the candidate made sexual advances toward them on a plane, at a nightclub and at the Miss USA competitions. So far, Trump has been calling these women liars and even threatened lawsuits against them after Election Day.

GUYS AND DOLLS

Conman, gambler cross paths in new musical production



EDRIAN PAMINTUAN - The State Hornet

Senior theatre major Panagiotis Roditis (center) leads the ensemble during rehearsal in the new production of "Guys and Dolls" in Shasta Hall. The musical will run from Nov. 9 to 20.

"I've been able to work with a lot of transfer students and freshmen that don't really have a lot of experience, so it's been more of a challenge to not only include instructions about acting but also directing the show."

- Ed Brazo
Director

Edrian Pamintuan
@EddyStateHornet

The Department of Theatre and Dance will bring the bustling streets of New York City and vibrant colors of Havana, Cuba to the stage at Sacramento State in a new musical production of "Guys and Dolls", which runs from Nov. 9 to 20.

The award-winning romantic comedy musical was made famous by a 1955 feature film of the same title, led by Frank Sinatra as conman Nathan Detroit and Marlon Brando as gambler Sky Masterson. The Sac State production will be directed by professor Ed Brazo, who has been directing plays and musicals in the theater department for 14 years.

"Directing this has been good," Brazo said. "I've been able to work with a lot of transfer students and freshmen that don't really have a lot of experience, so it's been more of a challenge to not only include instructions about acting but also directing the show."

Conceived as a musical based on Damon Runyon's short stories of the 1920s and '30s, the play focuses on Detroit's (played by senior theater and computer science major Panagiotis Roditis) attempt to host illegal floating craps games and the lengths Detroit would go to in order to secure his reliable reputation in 1950s New York City.

"You basically learn everything about him in the song we perform: "The Oldest Established". All my character's motives are right there," Roditis said.

In the show, Detroit needs $1,000 to pay the owner of the Biltmore Garage to host the game. But since he can't afford the price, Detroit makes a bet with gambler Masterson (played by theater and sociology major William Schmidt) that Masterson will not succeed in getting Sarah Brown, a devout leader of the Save A Soul mission, to accompany him to Cuba.

"It's been my dream for years to get this role," said second-year transfer student Sidney Raey-Gonzalez, who plays Sarah Brown in the show. "I always wanted to play Sarah ever since I saw the movie with Marlon Brando as a little girl."

Raey-Gonzalez also said that her character has more layers than what first time viewers may perceive.

"She's a driving force in the play," Raey-Gonzalez said. "She runs this missionary on Broadway, doesn't really think of love and she thinks of herself as unattainable. What's fun about Sarah, though, is that she has a drunk song and then a fight scene moments later."

Another notable part of the show revolves around Detroit's relationship with his fiancee of 14 years, Miss Adelaide, who consistently insists that the two need to get married.

To make the show happen, director Brazo had to cast a sizeable number of students and faculty. For instance, Sheree Meyer, the Interim Dean of the College of Arts and Letters was tapped to play the role of General Cartwright. Meyer's character, the leader of the Save A Soul organization, threatens to close Brown's branch if she can't bring enough sinners to cleanse.

"My role is very pious, but she's interesting to play and a key force," Meyer said. "I've always loved Guys and Dolls ever since I was six. And what I love about this production is that I get to interact with so many students."

Brazo said that scripts for each semester were selected by a committee of theater directors and professors from the university. Each person was required to submit three suggestions and it is from this pool that the plays are selected. For Brazo, "Guys and Dolls" will be his eleventh production at Sac State.

"The suggestions range from all types of plays," Brazo said. "They're not always going to be sad or dark. We had auditions during the first week of September and there were a lot of students. Then we had call backs and we asked them to read and sing material from the play."

The show will feature memorable numbers from the film as well as numerous stage productions around the world such as "Luck Be A Lady," "A Bushel and a Peck" and "I'll Know."

Opening night will take place at the Main Stage of the University Theatre at Shasta Hall on Nov. 9 at 8 p.m. The show will run until Nov. 20.

'TIS THE SEASON



'Cuffing season' has students looking for winter flings

Sharlene Phou
@sharlenephou

As the weather grows cold, people are beginning to seek warmth and comfort from another person by participating in a dating phenomenon called "cuffing season."

Cuffing season typically emerges every November. With cuffing, people choose a person they would like to be "cuffed" to and stay with that person throughout the cold holiday season.

Patty Woodward, a kinesiology and health science associate professor who teaches human sexuality, said that cuffing differs from a quick hook up because it implies a relationship of some sort.

"(Cuffing season) is supposedly not with the intention of being (together) long-term," Woodward said. "Sometimes that changes. Sometimes that doesn't last since we're all humans. It's not an absolute that you're going to be able to stay together that long or even that you'll like one another."

Isaiah Alexander, a junior communication studies major who began a cuffed relationship around February, said that although cuffing is traditionally meant to be from November to the new year, it can also become more long-term.

"If that cuff ends up being something more than you intended for, you can go pass the season into the next season and the next season and just have a continuing relationship," Alexander said. "Or it could just be (for) that temporary satisfaction."

For Alexander, the number one rule in a cuffing relationship is communication. Those who are cuffed together should address what kind of relationship they want —such as whether they still want to be exclusive to each other after the season. If a person no longer wants to be cuffed during the course of the relationship, he said that should be addressed as well.

"I guess, normally, I cuff every season if I had to, that's only because it's fun to share time with people who are cool and you like," Alexander said. "It's not a bad thing, as long as it's nothing but love, you know, no abuse going on."

Alexander said that cuffing season occurs because there are fewer activities to do outdoors and more to do indoors during the winter. People want to spend time with someone whom they feel deserve that space with them.

"There's a lot of snuggling, a lot of cupcaking (another term for cuffing)," Alexander said. "Sometimes a lot of sex. Sometimes money will be spent (on) gifts, movies watched (and) cooking," he said.

According to Woodward, the season doesn't necessarily mean that people who engage in it are just having sex. It's based on the individual and what kind of relationship they want with their partner.

"It could just mean what relationships mean (to them)," Woodward said. "There are relationships that are just making out and there are relationships that are just cuddling buddies, where there's really no sex involved. I think that some people may say 'We are cuffing,' but it's just having a partner to do things with."

Rachena Singh, a senior studying biology, doesn't participate in cuffing season but said that it could also mean cuffers just want someone to spend the holidays with.

"I guess when it's around the holidays and you're surrounded by family and friends, you see all this emotion everywhere and you just want that too," Singh said. "It's nice to have someone there to share those moments with."

Although cuffing isn't an activity she encourages, Woodward said that if people are going to do it, they should do so safely.

"I think if this sort of thing is done correctly —by that I mean finding out that you're STI-free and if the person you're going to be hooking up with is also STI-free," Woodward said. "As long as it's consensual and no one is mentally or physically injured, then I can't really say that it's bad thing."

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EDITORIAL:

Take a chill pill, America



Hyperpartisanship has reached a boiling point as more Americans than ever report election stress

Election seasons are adversarial, and they should be. The Democratic and Republican parties have vastly different views on the course our nation should take and partisan cheerleading and criticism, even invective, is part of the process.

But at some point, partisanship must give way to the common good and the realization that we, as Americans, are all in this together and that our highest hopes, dreams and aspirations are far deeper than the platform of one political party or another.

The problem is that in 2016 there has been little discussion of the common good, almost no line that hyper-partisanship has not crossed. Our political opponents are increasingly viewed not as competitors or even just wrong on the issues — they are seen as a threat that must be destroyed.

This problem has been growing for the past several decades. According to a 2014 Pew Research Center survey, the number of Americans who view the other party as "a threat to the nation's well-being" has more than doubled since 1994 (from 17 percent of Republicans to 43 percent, and from 16 percent of Democrats to 38 percent).

This existential angst is taking its toll. According to the American Psychological Association, over 50 percent of Americans are experiencing "significant" election-related anxiety.

The Stress in America poll found that "Democrats and Republicans are equally likely as one another to say the election is a very or somewhat significant source of stress."

Politicians purposefully fan the flames of anxiety in order to motivate "the base" to turn out and vote.

In February, Sen. Marco Rubio, R-Florida, said that President Obama was sabotaging America.

"It's now abundantly clear: Barack Obama has deliberately weakened America," Rubio said. "Happiest of all have been America's enemies."

To accuse a sitting president of everything short of treason must be backed up by evidence. If not, it only serves as a hyperbolic statement that perpetuates hatred.

On the other side of the aisle, former Secretary of State Madeleine Albright rained down fire and brimstone on women who had the audacity to not vote for the Democratic nominee.

"Young women have to support Hillary Clinton," Albright said. "Hillary Clinton will always be there for you. And just remember, there's a special place in hell for women who don't help each other."

Really? What about conservative women, or women who can't support Clinton's hawkish foreign policies?

The hyper-partisanship is not only causing us to have more negative views of each other, but is becoming an impediment to the functioning of our government.

In 2013, the federal government shut down for 16 days because Congress did not appropriate funds for it to continue normal operations. 800,000 employees were furloughed and over one million people had to show up for work without knowing when they would be paid.

This year, the U.S. Senate has refused to scheduled hearings on Barack Obama's nominee to fill a vacancy on the Supreme Court, leaving the seat empty and resulting in split decisions. Sen. Ted Cruz, R-Texas, said that a Republican-led Senate should not vote on any judges to fill future vacancies on the Supreme Court during a potential Clinton presidency.

Many on both sides of the aisle this year have accused Republican nominee Donald Trump of being uniquely unqualified of serving as president and have justified sounding alarm bells because of his candidacy.

But would the Trump candidacy be possible if alarm bells had not been sounded so many times before? Henry Wolfson, the communications director for the Hillary Clinton's 2008 primary campaign, said that Trump's rise has made him regret unwarranted language used about Republicans in the past.

"I'm quite confident I employed language that, in retrospect, was hyperbolic and inaccurate, language that cheapened my ability — our ability — to talk about this moment with accuracy and credibility," he said.

Indeed, accusing milquetoast Mitt Romney of sexism because of his "binders full of women" comment seems quaint when this year's Republican nominee once said of women that "you have to treat 'em like shit."

The purpose of democracy is not to be so fiercely loyal to our "teams" that we forget that our ultimate loyalty is to one another.

We can't solve America's problems if we believe one-half of the country wants to destroy it. In that tribal thought-world, compromise is not possible.

We come from different places and have different solutions to problems, but as we increasingly view each other as enemies rather than as fellow people whose views deserve to be considered, will there be a nation left for anyone to govern?

Regardless of the outcome of this election, we as Americans must begin to bridge the gap that has been increasingly dividing us.

Listen to each other. Make an effort to escape your partisan bubbles and echo chambers. Learn to disagree without disparaging.

And if all else fails, just take a Xanax, America.

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